

## The Organized School Day

Although the school week can be busy, it also has a natural rhythm to it, and this beat can be used to help organize children. Keep your kids on task but not overwhelmed by breaking their day into blocks. Give small children two jobs in each block, older children three or four jobs. Kids who have trouble remembering their jobs can keep this handy checklist on a clipboard.

### BEFORE SCHOOL

- Get Dressed
- Brush Teeth
- Make Bed

### AFTER SCHOOL

- Homework
- Read
- Sports Practice/Music Practice

### EVENING

- Daily Chore \_\_\_\_\_
- Load Backpack
- Clean Up Room

### BEDTIME

- Shower/Bath
- Brush Teeth
- Lay Out Clothes

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